



**BOYS & GIRLS CLUBS
OF CHICAGO**

**WELCOME TO THE BGCC
VIRTUAL CLUB**
bgcc.org

HIGH SCHOOL

MONDAY

MEMORIAL DAY HOLIDAY!

TUESDAY

MORNING / HEALTHY LIFESTYLE

FRUITS AND VEGGIES!

Fruits and Veggies are excellent sources of protein, vitamins and fiber needed for the human body! Entertain yourself by making a personal platter for you or for your family to enjoy during this time at home and needed a healthy snack!

<https://www.stylemotivation.com/14-fresh-and-creative-fruit-veggie-tray-decorating-ideas/>

AFTERNOON / ACADEMIC SUCCESS

COLLEGE FIT KIT!

The College Fit Kit will help you prepare and stay on track while planning for college. The College Fit Kit is a great guide that you can do yourself and will help your college process be less stressful.

<https://www.collegegreenlight.com/media/greenlight/fit-kit/fitkit.pdf>

WEDNESDAY

AFTERNOON / CHARACTER & LEADERSHIP

DIY: MY CAUSE

Many great leaders are determined and committed to their causes. Write about something that you feel passionately about—and then explain how you could lead others to also care about your cause.

THURSDAY

MORNING / HEALTHY LIFESTYLE

POSE FOR THE CAMERA!

Bored in the house and you're in the house bored? Get creative with an Outdoor Photo Challenge for yourself! Fresh air and sunlight are essential to your wellbeing and can benefit your emotional state. Here are some fun ideas to add to your challenge! Ready, Set, POSE!

<https://artsydork.com/end-of-the-school-year-activities-photo-scavenger-hunt/>

AFTERNOON / ACADEMIC SUCCESS

VIRTUAL COLLEGE TOUR!

Choose 3 out-of-state school to visit virtually. Tell us why you choose the schools, what did you learn and would you attend.

<https://www.youvisit.com/collegesearch/>

FRIDAY

AFTERNOON / HEALTHY LIFESTYLE

SANITIZE ME, PLEASE!

Here's a cool, fun and simple activity to make your own Hand Sanitizer! Cleaning supplies can be a challenge to find now. So grab a friend or a family member to join you in this activity! Let's keep our hands as clean as possible!

<https://youtu.be/E9-x3jRSQvQ>

EVENING / CHARACTER & LEADERSHIP

GAMING FOR YOU BY YOU

Trying to take your gaming experience to the next level. Learn how to create your own gaming computer or upgrade your current computer.

<https://youtu.be/E9-x3jRSQvQ>

**ACADEMIC SUCCESS
CHARACTER & LEADERSHIP
HEALTHY LIFESTYLES**