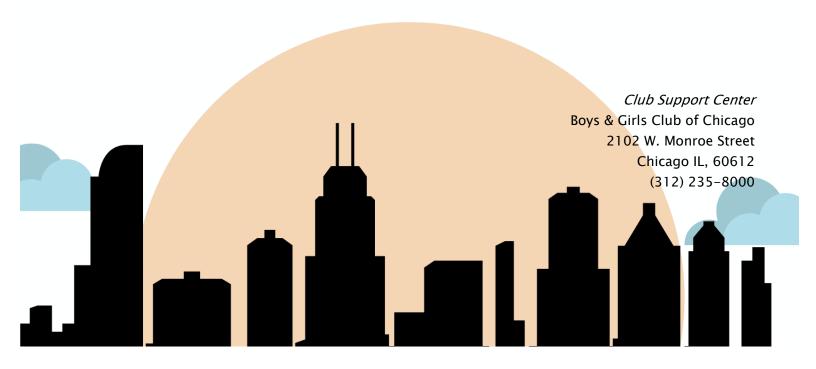






2023 Summer Program Family Handbook



Welcome Parents and Guardians:

We are excited to welcome your child into our Club programs. Please know that the safety of our members is of the utmost importance. We strive to provide meaningful activities for youth ages 5 to 18 years old and to support Chicagoland youth in achieving good character and citizenship, academic success, healthy lifestyles, among other accomplishments.

Founded in 1902, Boys & Girls Clubs of Chicago (BGCC) is a private, non-profit organization serving youth. Serving nearly 20,000 youth ages five to 18, BGCC works to provide members with the emotional, educational, physical, and cultural resources that allow them to enjoy their childhood and thrive in adulthood. At our Clubs, they find caring mentors, avenues of opportunity and the tools they need to prepare for great futures.

This handbook is designed to give members, parents, and guardians helpful insight into BGCC. In this handbook you will find information about program activities, procedures, and policies to support your child in having a safe, positive and rewarding experience in our programs. Please read carefully, if you have any questions, please contact your Club Staff. **Our Mission Statement:**

Boys & Girls Clubs of Chicago's mission is to enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible adults.

Core Beliefs:

Boys & Girls Clubs provide children and youth with:

- Safe, positive and inclusive environments in which to learn and grow
- Opportunities to develop positive, meaningful, healthy connections with others
- High-quality programs and activities that build upon young people's strengths, allow them to explore new experiences, and help them develop skills for good decision-making

A CLUB FOR LIFE

BOYS & GIRLS CLUBS

- Experiences that foster hope, a sense of belonging, and a purpose
- Opportunities for youth to lead, share ideas, and be heard and recognized

Programs Offerings:

- Power Hour to support homework help (Offered During School Year Only)
- STEM and STEAM activities
- Triple Play activities to provide healthy lifestyles, sports, and fitness
- Social Emotional Learning
- Summer Brain Gain
- Leadership and service activities like Torch and Keystone programs
- And many other fun and meaningful opportunities



Membership:

It is the policy of Boys & Girls Clubs of Chicago (BGCC) to actively support the inclusion of all youth – ages 5-18 generally and up to age 24 for specialized programming – regardless of race, ethnicity, gender identity, gender expression, sexual orientation, disability status, national origin, socioeconomic status, language or cultural affinity, political beliefs, religious affiliation, family structure, documentation status, or any other legally protected characteristics. Discrimination, violence, disrespectful treatment, offensive language, stereotyping, and/or the use of any disrespectful or discriminatory materials by staff members or among youth is prohibited. It is a core goal of BGCC to foster diversity and inclusion, and to work toward equity through our programming and our Club environments.

All efforts will be made to include children and youth with special needs or ability statuses in Club programming. Club staff will ensure that when such a need is identified through that individual's membership form, that a Special Care Plan Form is provided to the legal guardian(s) and health care provider to be completed and submitted to Club staff.

All youth who attend the Club must become a registered member. Children and teens must have a completed registration form, signed by a parent/legal guardian every year. This application includes demographic and important medical information as well as parent/legal guardian contact information. All memberships are renewed on an annual basis. We welcome all youth with all abilities.

Parents/Guardians are asked to inform Club staff if contact information or phone numbers change throughout the year.

Health Protocols:

Upon completing membership registration, parents must notify the Club Director/Manager if their child has any health conditions or needs to take medication during the Club hours. **BGCC staff will not administer medication**. If the child has a chronic illness, such as asthma, please insure that the child has his/her/their inhaler at all times. The member will be encouraged to participate in all BGCC activities, unless noted on the Special Care Plan and membership form.

<u>Please note</u> it is imperative to share all health concerns/issues with club staff, so make sure to complete the assigned portion of the membership form and Special Care Form, if needed.

BGCC follows recommendations from the Centers for Disease Control, the Illinois Department of Public Health, and Chicago Department of Public Health. Masks are optional. BGCC reserves the right to reinstate health protocols, including mask requirements, temperature checks, symptom screenings, etc. – if public health factors become a concern. We ask families to keep youth at home if they are exhibiting signs of illness. Staff will contact parents/guardians if concerns arise.

Member and Parent Expectations:

Within 30 days of enrollment a parent/guardian must complete an orientation at the Club. All members and youth attending or participating in BGCC programs and activities must be able to comply with the BGCC member code of conduct, as well as Club rules and expectations. Each member's ability to comply with these guidelines helps to ensure that all participants receive a positive Club experience.

BGCC strives to maintain a Club environment that is built on respect for all. As such, there is a zero-tolerance policy for behaviors or actions that jeopardize the health, safety, and well-being of any individual(s) being served by or employed by the organization. This includes but is not limited to members, staff, volunteers, parents/guardians, contractors, and partners of the organization. BGCC reserves the right to terminate any membership based on the behavior of the child or parent/guardian. Negative behavior of a parent/guardian will be viewed as a violation of organizational policies and will be addressed immediately with actions up to and including suspension or termination of membership. In such instances, refunds are not issued for membership or camp dues.

Code of Conduct:

- 1. Promote a positive, safe, and healthy environment for all
- 2. Be courteous and respect the rights, beliefs, and property of others and the Club
- 3. Speak, dress, and behave in a responsible way
- 4. Seek positive solutions for conflicts that support the learning and growth of all

Youth Development Strategy / Behavior Expectations:



BGCC strives to provide a safe space for members to learn, grow, and be successful. We incorporate the Five Key Elements of Positive Youth Development to support safe spaces for members: provide (1) safe, positive environment, (2) access to fun and a sense of belonging, (3) supportive relationships, (4) meaningful opportunities and expectations, and (5) formal and informal recognition. We also support social emotional skill development.

Staff will address conflicts consistently, fairly, and in a way that reinforces the Code of Conduct and culture/values of the Club and BGCC. Examples of negative behavior are:

- Hurting other youth or staff (i.e. hitting, pushing, play fighting)
- Damaging equipment or property
- Child placing themselves or others in dangerous situations
- Disrespecting fellow Club member or Club staff
- Bullying (repeated negative behaviors that target a specific person with the intension to intimidate)

In the event that BGCC staff have concerns about your child's behavior, staff will document incidents and may take steps including, but not limited to, the following:

- Additional coaching or redirection
- Talking to the member about the consequences of negative behaviors
- Contacting child's parent or guardian via call or sending a note is sent home.
- Scheduling a meeting with parent or guardian.
- Developing a behavior contract.
- Suspending or dismissing the member from the program.

If a parent/guardian has a question/concern, please contact the Club Director/Manager. If this does not resolve the concern, contact the Club Support Center, at 312-235-8000.

Relations and Mandated Reporting:

BGCC staff members are youth development professionals that are trained to provide guidance and mentorship to Club members, as well as supervise Club programs in a safe and effective manner.

BGCC advocates child safety through prevention, intervention, and treatment of child abuse and neglect. <u>All BGCC staff are</u> <u>mandated reporters of suspected abuse and neglect as defined by the Illinois Abused and Neglected Child Reporting Act.</u> BGCC staff are obligated to report if they suspect a child is being abused or neglected to DCFS, and in some instances the Chicago Police Department.

With any concerns or questions, please contact our Human Resources Department at 312.235.8000.

Parent Communication:

Parent Communication – BGCC communicates by email/ Text. To receive updated communication from BGCC, please include a legible email address/cell phone number on the Membership Form. Please ensure you update your information, should it change during the program.

Cell Phones & Electronics:

It is recommended that youth **not** bring electronics, such as tablets/laptops and/or gaming devices. Cell phones must be always kept with the owner when at Club. Use of electronics is not permitted in some areas of the Club. Members must follow the Club's rules of use. <u>BGCC is not responsible for lost or stolen items, valuables, electronics or cell phones.</u>

Limited Access:

For safety reasons, the only individuals allowed to enter the Club program areas are members enrolled in the program, staff, professionals providing services to children, and persons with legal authority to enter, including law enforcement officers and Department of Children and Family Services staff.

Note: Parents/guardians are not allowed to enter the Club unless special circumstances require it and it has been approved by the Club Leadership staff.

Daily Arrival and Dismissal:

Members must follow procedures for signing in and out of programs every day. If a parent/guardian requests specific departure plans for their child, staff will make efforts to support plans that are written, signed, and documented, where appropriate. If a member attempts to depart against the understood wishes of the parent/guardian, staff will make reasonable efforts to keep a child within the facility. Because we are a drop-in program, not a licensed daycare facility, we will not physically restrain members who insist on leaving without parent/guardian permission. Members 12 and under who leave without permission may face suspension or dismissal, at the discretion of BGCC.

Members who walk home cannot sign themselves out for early dismissal. If your child is a "walker", they must be picked up by an adult if they leave early.

Late Pickup:

Parents/Guardians need to pick up their children at the designated time of their dismissal. If not picked up on time, the following will apply: 1st – warning, 2nd – last warning, 3rd – suspension. If not picked up after 45 minutes without communication, the Chicago Police Department will be notified. Additional consequences may include a late pick-up fee or additional limitations on access to programs, field trips, and activities.

Surveys:

Throughout the year, members are asked for their feedback by participating in surveys and questionnaires regarding their Club experience, behavior, skills, attitudes, wants and needs. Surveys are used to let us know how we are doing, how we can improve our services, and for grant reporting purposes. All information gathered from these measures is reported confidentially and collectively. Please make sure to submit all documents if you do not want your child to participate in surveys.

Severe Weather and Emergency Closings:

BGCC may close for dangerous weather, potentially but not limited to snow, and/or extreme temperatures. When severe weather is predicted, parents/guardians should check the Club Leadership and/or online communications about club closings or delays; a message via the REMIND APP or text will be sent out as well. Please make sure your child's emergency contact information is up-to-date to ensure that these messages will be received.

Prior to member(s) attending program, parents/guardians are required to:

- Read and agree to the terms of the Parent/Guardian Agreement.
- Participate in the Parent/Guardian Orientation.
- Submit all enrollment documents and payment.



Family Handbook Agreement

I/We have read the family handbook for Boys & Girls Clubs of Chicago and understand all the information, policies and procedures outlined in the handbook. We have also received a copy of these policies and procedures for our own records and reference.

By signing this agreement we consent to all the handbook policies and procedures and agree to them, including attendance and late pick-up expectations. By signing this agreement, we acknowledge that the information supplied in the membership form regarding our child(ren) and the information supplied is true and accurate to the best of our knowledge.

By signing this agreement, we also consent for photographs/video, in which my son/daughter may appear, to be used in any way BGCC may care to use and to be shared on our social media pages. By signing you also give consent for your child to participate in periodic surveys and questionnaires regarding their Club experience, behavior, skills, attitude, and beliefs. Surveys are used to let us know how we are doing, how we can improve our services, and for grant reporting purposes. All information gathered from these measures is reported confidentially and collectively. If you wish for your child to opt-out of the surveys, please contact the Club Director/Manager.

PLEASE KEEP THE ABOVE FOR YOUR RECORDS PLEASE TEAR AT THE LINE AND RETURN BOTTOM PORTION TO CLUB STAFF

	Family Handbook Agreement 2023 Summer Program	
I/We understand all the information, policies and We have also received a copy of these polic	, have read the family handbook for Boys & Girls O d procedures outlined in the handbook. cies and procedures for our own records and reference	_
Parent/Guardian Signature	Date	
Parent/Guardian Signature	Date	
Member Name	Age	



Additional Documents (To be used on a Club by Club basis)





2023 SUMMER PROGRAM AQUATICS HANDBOOK

BE COOL, BY THE POOL

Boys & Girls Clubs of Chicago is committed to making swimming part of the list of basic life skills and reducing water-related injuries, particularly in communities where children are most at risk. Our Aquatics programs have begun to fill this gap to address children's aquatics support needs. By offering a variety of programming such as open swim, learn-to-swim and so much more, the aquatics program strives to help all ages stay safe around water and learn the skills needed to make swimming a lifelong pursuit for healthy living!

General Policies and Procedures

Swimmers are given 15 minutes to change in and out of the locker room. Swimmers are expected to be on deck, ready to swim by the time stated on the calendar.



Lifejackets are available on-site upon request by participant. Participants may bring their own lifejacket, but it <u>MUST</u> be <u>U.S Coast Guard Approved</u>

Programs

To register for Learn-to-Swim visit https://bgcc.org/learn-to-swim/

Registration will open on May 15, better known as National Water Safety Day!

Summer Dates: June 20 – August 11

Learn-To-Swim Lessons are conducted at our Legacy sites: True Value, Pedersen-McCormick, Valentine, and King. Please contact your respective Aquatics Coordinator for more information or visit bgcc.org/aquatics

- Aquatics Coordinator will contact you via email to confirm your registration with a starting date and time of your lesson.
- All lessons are 45minutes.
- All participants must be able to change on their own.

Open Swim

Non-registration program, recreational swim with Club members based on age group. During Open Swim, swimmers must pass a swim test with Aquatics Coordinator before being allowed to swim in the deep end.

Swimmer must swim length of the pool towards the deep end, tread water for 30 seconds, and swim back to the shallow end without stopping. Face should be in the water during the swim test.

What to Bring?

Participants MUST bring their own towel, swimsuit (no two pieces or cotton shorts/shirts), swim caps (if your hair is longer than your ears), and goggles.

- Appropriate swimwear is required from all members and staff.
- Cotton T-shirts of any other color but white will not be allowed in the pool.
- Please be aware that undergarments are not appropriate swimwear.
- Only polyester shorts or tops will be allowed.

Locker Rooms

- All items must be removed from lockers by the end of the day.
- The use of cameras and other picture-taking equipment, including cell phones, is prohibited in the locker rooms.
- Aquatics staff are not responsible for any missing items.
- All participants must be able to change into their swimsuits independently; assistance will not be provided.

Pool Rules

- Obey the lifeguards and follow pool rules. They are there for your safety.
- All persons are required to shower before entering the pool area.
- Food and drink are not permitted in the pool area except in designated spectator areas.
- No Horseplay
- Clean swimwear is required.
- No running allowed on pool deck.
- Except during programming no swim gear allowed at any time (snorkels, scuba gear, kayaks, tubes etc.)
- Goggles, towels, and other items should not be shared.
- No flotation devices may be used in the pool unless U.S. Coast Guard approved.
- Persons with open wounds, excessive sunburn, abrasions that have not healed, or bandages of any kind cannot be allowed in the water.

For questions, please contact Aquatics Director, Cynthia Bedolla: <u>cbedolla@bgcc.org</u>